

Communiqué de presse

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COVID-19 alert level and guidelines to follow

The Laurentian region designated a red zone

Saint-Jérôme, February 3, 2021 – With the return of regional alert zones, the Centre intégré de santé et de services sociaux (CISSS) des Laurentides wants to inform the public of the measures that will come into force on February 8, when the region will be designated a red zone.

Among the adjustments that will apply in red zones are the following:

- Reopening of non-essential businesses, including personal care and beauty salons;
- Reopening of museums and libraries;
- Resumption of outdoor activities in groups of no more than 4 individuals (including classes) with 2-meter distancing.

Please note that the 8:00 PM to 5:00 AM curfew, the ban on gatherings in private homes and on private property, and mandatory remote work remain in effect.

“During the last few weeks, we have observed a drop in the number of new cases per day. However, the number of cases in our region remains high compared to last fall. As well, some areas that had been reporting few cases have seen an increase in infections in recent weeks, notably the Antoine-Labelle and Argenteuil MRCs. While we are monitoring the situation closely, caution is still the watchword, which is why I am calling for the public’s continued cooperation in complying with all measures required by the Government,” said Dr. Éric Goyer, director of Public Health for the Laurentians.

“The drop in infections demonstrates the effectiveness of health measures and of the public’s efforts in applying them. It is absolutely essential that we continue to do so, to protect vulnerable individuals and to show our solidarity and support for the hard work of our healthcare and social services workers who have been on the front lines for nearly a year,” said Rosemonde Landry, President and Executive Director of the CISSS des Laurentides.

For more information about the regional alert and staged intervention system, visit msss.gouv.qc.ca/presse.

For more information on the coronavirus and related measures, visit <https://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/>

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Direction générale
450 432-2777, poste 22898
Sans frais 1 800 363-2507, poste 22898